



Bulletin

THE OFFICIAL JOURNAL OF THE KENT COUNTY MEDICAL SOCIETY & THE KENT COUNTY OSTEOPATHIC ASSOCIATION

SPRING 2022

– *Serving Physicians in Kent, Ottawa, Barry, Ionia and Montcalm counties* –



MARCH 30

National Doctors' Day

Thank you



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commitment to your
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Welcome New KCMS Members

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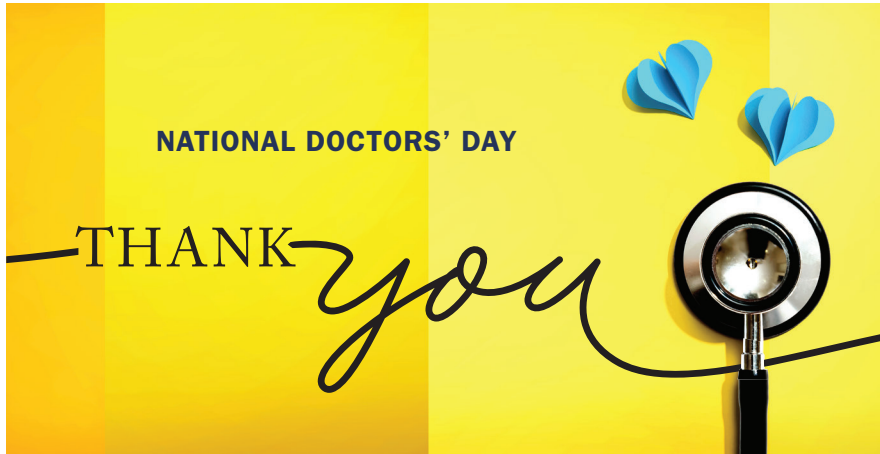
West Michigan Physician Pioneers

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Clarification of Osteopathic CME

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SPRING 2022 • Vol. 107, No. 1



A Special Note

During this pandemic—and every day—we are immensely proud of our physician members. Your tireless dedication and resolve to improve the well-being of your patients cast a bright light and sparks greatness in others. Your confidence yields calm and your compassion grants peace. **So from all of us, Happy Doctors' Day to you, the leaders, the heroes, and the healers who give their very best to every person, every day.**

KCMS

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BULLETIN

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KCMS MEETINGS OF INTEREST

MARCH 30, 2022

NATIONAL DOCTORS' DAY

APRIL 30-MAY 1, 2022

2022 MSMS HOUSE OF DELEGATES MEETING

Radisson Hotel | Kalamazoo

MAY 9, 2022

LEGISLATIVE COMMITTEE VIRTUAL MEETING

To register, e-mail kcmsoffice@kcms.org.

MAY 21, 2022

CME EVENT

Grief: Preparing the Pathway to Healing for the Bereaved and the Professional

8:30-11:30am | Heritage Life Story Funeral Home

2120 Lake Michigan Drive NW, Grand Rapids, MI 49504

Visit www.kcms.org for more information.

OUR MISSION:

The Kent County Medical Society is a professional association, uniting the physicians in Kent County into a mutual, neutral organization; preserving and promoting the health of the citizens of Kent County, the physician/patient relationship, the medical profession, and the interests of physicians.

Visit us

For event details, check out our website kcms.org



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Gerald R. Lee, MD, 2021 KCMS Board President, passed the gavel and Board President responsibilities for 2022 to Belén Amat, MD.



Dr. Belén Amat was installed as the 119th President of the Kent County Medical Society. Congratulations to Dr. Amat!

KCMS Holds 119th Annual Meeting of the Membership

Dr. Gerald Lee, 2021 President of the KCMS, welcomed members and guests to the 119th Annual Meeting of the Kent County Medical Society. Dr. Lee gave a review of the Kent County Medical Society Board in 2021 to its members. The program highlighted the member events, and legislative work and advocacy done on behalf of the members and the local medical practices.



Dr. Gerald Lee was recognized for his service and leadership as 2021 KCMS Board President.

2021 Year in Review

By the numbers

- 37 new active and reinstated members
- 9 new medical student members
- 11 resolutions from 2020 and 7 new resolutions for 2021 authored by physicians were submitted to House of Delegates. A total of 8 were chosen for review: 5 were approved, 2 referred, and 1 amended.

Advocacy Issues

- Maintenance of Certification
- Health Can't Wait/Prior Authorization
- Surprise/Out of Network Billing

Activities

- Partnerships with Kent Medical Foundation, KCMS Alliance, Michigan State Medical Society, MSU-CHM, Kent County Health Department, Kent County Osteopathic Association, Ottawa County Medical Society, Barry County Medical Society, and Kalamazoo Academy of Medicine.



ADAM J. RUSH, MD
 KCMS President-Elect

Introducing KCMS President-Elect

At its Annual Meeting of the Kent County Medical Society, Adam J. Rush, MD was elected as President-Elect for the 119 year-old Society. Dr. Rush was elected to the KCMS Board in 2021.

Adam Rush, MD of Grand River Rehab, is a pediatric and adult pain, disability and rehabilitation medicine physician. Dr. Rush is Board Certified in physical medicine and rehabilitation in pediatric rehabilitation medicine.

Dr. Rush has been a KCMS Board Member since last year. Dr. Rush has served in various leadership roles and continues to serve on the Advisory Board for Grand Valley State University Therapeutic Recreation Program and as the Medical Director of Comprehensive Therapy Center and served as the Medical Director for the pediatric outreach clinics with Mary Free Bed Hospital.

Upon being elected by KCMS Members, Dr. Rush was congratulated by 2021 President, Gerald R. Lee, MD who conveyed his confidence in Dr. Rush's leadership and continued service on the KCMS Board of Directors.

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TODAY AND EVERY DAY, WE

Thank you

WEDNESDAY, MARCH 30, 2022

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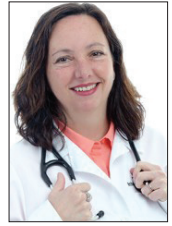
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Belén Amat, MD
2022 KCMS
President

Taking Back Medicine for Our Patients

I opened Direct Primary Care of West Michigan in 2017, looking for a different way to practice and serve uninsured patients. Surprisingly, I have found that this type of practice also works for insured patients who value the time spent in a visit, and the personalized care I have enjoyed to provide.

To say I am very proud to serve as the 2022 President of the Kent County Medical Society is putting it mildly. I represent one of the smaller segments of the practice patterns that make up modern healthcare choices of our patients. I not only represent primary care physicians, but I'm a physician whose practice is widely Spanish-first language families. My office guides patients in how to best use their healthcare dollars to obtain needed care.

I look forward to the support and friendship of the Board Members with whom I serve. They represent you, our Members and consider the Members when making decisions and direction to MSMS and considering fiduciary and policy guidelines to benefit our physician community that cares for West Michigan patients.

We are living in a time where medicine is changing for patients, physicians, and everyone else involved in medical care. My hope is that we take this opportunity to take back medicine in the best interest of patients and help physicians practice as they are trained to do.

In the few years in which I have been involved in the Kent County Medical Society and Michigan State Medical Society, I have tried to bring the collective voice of West Michigan physicians to legislators. The voices are those of employed independent physicians representing all medical disciplines. In the end, we all have the same goal: to improve our patients' lives. Even though I practice in the direct primary care (DPC) model, some of the barriers are

the same. In direct primary care, I work outside of insurance parameters, removing many of the barriers to coordinated and cohesive care and hassles imposed by them on day-to-day practice. It is all about the patient, by working directly with individuals and families, I can spend more time with them, and less time in front of the computer. I am an enemy of the 15-minute patient visit, quality metrics that do not reflect the quality of care, billing codes and documentation that clutters our brains. By having practiced in an employed environment previously, I understand the challenges that other physicians face.

It is my commitment to educate everyone inside and outside of medicine of the changes that need to happen to improve patient care. I find myself at times discouraged and confused when trying to understand the legislative process and all the steps we need to follow to make the changes we need, and at the same time being involved in organized medicine has allowed me to speak directly with legislators and open their eyes to the obstacles physicians face every day.

As part of the MSMS Board of Directors, for the last couple of years we have been working to improve the prior authorization process, the legislation that has been written is only the first step to much-needed change in this cumbersome process. KCMS Board will be focusing on priorities identified by MSMS which includes Scope of Practice and physician-led care; Maintenance of Certification, Licensing requirements, and health equality. Be sure to read about the Legislative priorities on page 14.

West Michigan Delegates Discuss Resolutions

It may have been cold and snowy outside, but a group of Kent, Ottawa and Barry County Delegates attended a virtual Resolution Brainstorming Session for Resolution ideas. The Annual MSMS House of Delegates will be held on April 30 and May 1 in Kalamazoo. Ideas were submitted for Resolutions to be authored to improve the delivery of care, patient care and advocacy, medical education and more. A few Resolutions submitted to date include some that were placed on hold due to the 2020 and 2021 pandemic, which reduced the House of Delegates' meetings. [Click here](#) to review drafted Resolutions on the following topics:

RESOLUTIONS AUTHORED IN 2020 AND 2021 TO BE CONSIDERED FOR 2022

- **10-20 Inclusion of Northern Michigan in the Rotation for the HOD Meeting**
Author: Bryan Huffman, MD, Ottawa County
- **11-20 Fentanyl 'Patch for Patch' Exchange Program**
Author: Gerald Lee, MD, Cara Poland, MD, Kent County
- **12-20 Non-Stigmatizing Verbiage**
Author: Cara Poland, MD, Kent County
- **20-20 Michigan State Medical Society Judicial Commission**
Author: Jayne E. Courts, MD, FACP, Kent County
- **24-20 Prescription Medication Pill Size**
Author: David Whalen, MD, Kent County
- **25-20 Limit Copay on Emergency Department Visits**
Author: Michelle M. Condon, MD, FACP, Kent County
- **29-20 Enforce AMA Principles on Continuing Board Certification**
Author: David Whalen, MD, Kent County
- **19-21 De-professionalization of the Medical Profession**
Author: Patrick Droste, MS, MD, Kent County

RESOLUTIONS FOR 2022

- **Clinical Laboratory Improvement Amendment (CLIA) Requirements**
Author: Gerald Lee, MD, Kent County

CONTINUED ON PAGE 11

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Office and contact information for these members are part of the [West Michigan Doctors Referral Guide](#).

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Ophthalmology
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Abdominal Radiology
Advanced Radiology Services, PC

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Rheumatology
Rheumatology Centers of Western
Michigan, PC

NADIA F. YUSAF, MD

Diagnostic Radiology
Advanced Radiology Services, PC

Congratulations

Celebrating Physicians 50 Years in Medicine

It is with great pleasure that we celebrate the following physicians for their dedication to their discipline, our Society, the training of new physicians and generosity of care to patients. Thank you!

- **Mary M. Appelt, MD**
- **Richard A. Horvitz, MD**
- **Mazhar Munir, MD**
- **John B. O'Donnell, MD**
- **Enrico C. Sobong, MD**

RESOLUTIONS

CONTINUED FROM PAGE 9

- **Off Label Policy**
Author: Gerald Lee, MD, Kent County
- **Lowering Medicare Pharmaceutical Pricing**
Author: Warren Lanphear, MD, Kent County
- **Transparency of Practice Agreements Between Physicians and Non-Physicians**
Author: Megan Edison, MD, Kent County
- **NBPAS as Equivalent Certification For Health Insurers and Hospitals**
Author: Megan Edison, MD, Kent County
- **Celebrate Michigan Physicians**
Author: Megan Edison, MD, Kent County
- **Maintain Professional Title of Physician Assistants as Physician Assistants**
Author: Megan Edison, MD, Kent County
- **Protect Freedom of Speech, Diversity of Thought, and Open Scientific Inquiry For Physicians**
Author: Megan Edison, MD, Kent County

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FATHER OF ROENTGENOLOGY

‘X-Rays Taken In a Flash’ Work of G.R. Doctor

By **Joseph Junewick, MD,**
and **Henry VanderKolk, MD**

Guest Writers

America’s introduction to radiology came in early 1896 following the announcement of Roentgen’s discovery of the X-ray. Advances with “the light that never was,” followed swiftly. On January 27, 1896, only 80 days after the discovery of x-rays, the first intentional radiograph was obtained at the Yale physics department. About a week later, the first clinical image of a Colle’s fracture was obtained, following a 20-minute exposure, at Dartmouth. It would be just a short while before the specialty would get its start in Grand Rapids with Henry Hulst, MD.



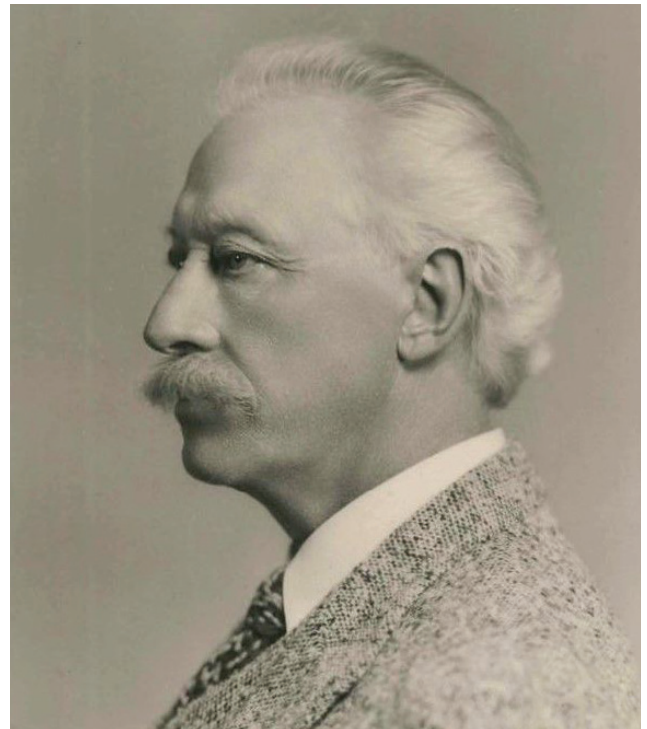
Joseph Junewick, MD



Henry VanderKolk, MD

Henry Hulst was born in the Netherlands in 1859. His father was a minister in a dissident faction of the Reformed Church and came to Grand Rapids. After graduation from Hope College, Hulst pursued theology at Princeton and eventually medicine at the University of Michigan, graduating in 1888. He spent time with James D. Munson at the Northern Michigan Asylum in Traverse City. He tired of hypnosis and became mesmerized by the Roentgen ray, acquiring his first x-ray machine in 1897.

Hulst’s initial interest was in chest imaging, especially as it pertained to diagnosis of tuberculosis. Early x-ray machines with necessary prolonged exposures failed to adequately capture the dynamic heart and lungs. The x-ray machines were bulky devices which generated electricity by friction between glass and resin plates, storing the charge in Leyden



Dr. Henry Hulst helped Blodgett and Butterworth Hospitals set up radiology departments, which were regarded as the finest in the country.

jars. In 1901 Hulst, along with his brother John who was an engineer, constructed the largest and most powerful x-ray machine in the world at the time. The towers that generated current were so large that special cement pads and silo-like rooms were added to Hulst’s home office. With this machine Hulst began to image the chest, in 1 second, and then eventually shorter intervals or as he would say, “X-rays taken in a flash!”

In 1902, Hulst demonstrated his images to the American Roentgen Ray Society (ARRS) in Chicago, Illinois. His announcement was met with anger and accusations of fraud. Hulst was no shrinking violet. Relying on his pre-medical training, his defense was like that of a preacher. Hulst survived an investigation; Dr. Arthur Holding, a leading critic, visited Hulst’s laboratory and reported “one quarter second is straight goods.” Hulst was soon offered membership in the ARRS and went on to be its president in 1906. In 1908, Hulst was sent to Amsterdam as the American representative to the International Congress of Roentgenology where he delivered an address on soft tissue imaging. He also wrote extensively on abdominal imaging and was one of the first, if not the first, to combine plain film and fluoroscopy to perform a modern upper GI.

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In Memoriam

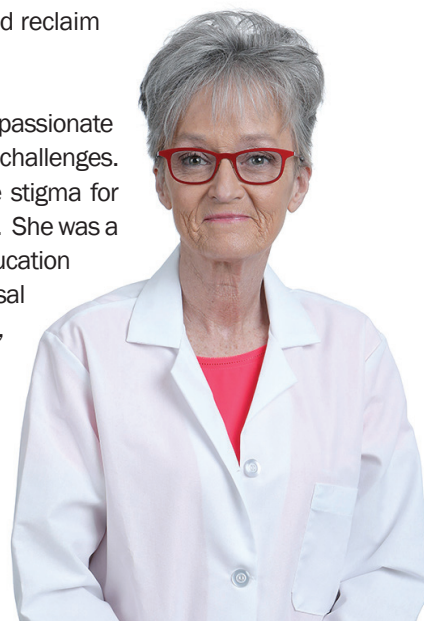
Remembering KCMS Past President Dettmann

The Kent County Medical Society and KCMS Alliance family and West Michigan community mourns the recent loss of a Past President of KCMS Sandy Dettmann, MD. Anyone who knew Sandy, felt connected to her immediately upon meeting her, as she was very open and sharing. As a physician who specialized in the treatment of substance use disorders, she spent long hours educating, encouraging and listening to patients, families, and local caregivers.

She was a kind, caring physician who was committed to her patients and patient advocates. She had overcome many of her own challenges that empowered her to help others. She knew, firsthand, that her patients

could find the road to recovery and reclaim a healthy and full life.

Dr. Dettmann was a strong and passionate advocate for others facing similar challenges. She worked diligently to eliminate stigma for the underserved in the community. She was a champion for community-wide education and access to Naloxone, a reversal agent for opioid-related overdoses, to help save lives. Dr. Dettmann was recognized in 2019 at the West Michigan Women Brilliance Awards with the Brilliant Tenacity Award for her approach in advocating for populations that are frequently not visible.



X-RAYS

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Dr. Henry Hulst's last address was the keynote dinner speech of the ARRS in 1916. According to the Grand Rapids Press he was introduced as "The Father of Roentgenology in America." While Hulst primarily practiced out of his home, he helped Blodgett and Butterworth Hospitals set up their Radiology Departments, which were regarded as the finest in the country. His practice and research were slowed by type II diabetes mellitus. He was asked by Victor Vaughn to chair the Radiology Department at the University of Michigan in 1922 but declined for health reasons. He retired from medical practice in 1938 and died just short of his 90th birthday in 1949.

Editor's Note

The Bulletin informs, celebrates, and educates physicians on critical issues and topics of interest. Specifically, the Medical Societies recognize the efforts of physicians, both past and present, who have contributed significantly to the skill and reputation of modern medicine in West Michigan. We are therefore pleased to present this new section for your enlightenment and enjoyment. New physician authors are welcome to share historical stories and leader profiles with the Editorial Committee for consideration of publication. Timeline of printing stories will be at the discretion of the Committee and Bulletin space availability.

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MSMS Legislative Platform & Priorities

MSMS Legislative Priorities

Key priorities of the Michigan State Medical Society (MSMS) and its 15,000 physician and medical student members are as follows:

COVID-19

The COVID-19 pandemic has taken a devastating toll on the physical and mental health of Michigan citizens, as well as the economic health of our state. Additionally, many of Michigan's medical practices are trying to regroup from financial and staffing losses and increased costs to comply with regulatory mandates. By using scientific data to help inform decision-making, MSMS is committed to working collaboratively with stakeholders to end the COVID-19 pandemic, safely re-engage all economic sectors, provide efficient and equitable vaccine distribution, and ensure practice sustainability.

Prior Authorization and Step Therapy Reform

The prior authorization process diverts valuable resources away from direct patient care, can delay the start or continuation of necessary treatment, and can negatively impact patient health outcomes. Step therapy, also known as fail first, is another practice that disrupts patient care by requiring patients to try other therapies before being approved for the treatment that their doctor originally prescribed. MSMS will work closely with the Legislature, regulators, and other stakeholders on ways to reform prior authorization and step therapy processes to ensure transparency, remove unnecessary and costly care delays, and support shared decision-making.

Team-based Care

Patients are best served by a team-based approach to care that provides the maximum amount of choice while ensuring that they benefit from the additional training and expertise that comes from having a physician on the team. A highly functioning health care team is the best way to serve patients. MSMS will continue to promote the role of the physician as the leader of the health care team and oppose any efforts to expand allied health professionals scope of practice that may put patients at risk.

Telemedicine

Telemedicine has proven to be an effective care delivery method that ensures convenient and timely access to patients. Before the outbreak of COVID-19, insurers covered telemedicine visits to varying extents; however, there were often obstacles such as low reimbursement and restrictions on site of care. Although payers removed some of the regulatory and administrative barriers during the pandemic, these policies are now reverting to pre-pandemic times. Moving forward, payment and service parity for the use of clinically appropriate telemedicine services is critical.

Health Equity

Several events in 2020 brought to the forefront the need to prioritize advocacy addressing systemic policies and other contributing factors that deny historically marginalized groups equal and just opportunities to maximize quality of life and health outcomes. In order to improve the health of all populations, MSMS will work to advance policies that reduce disparities and improve health equity.

Graduate Medical Education (GME)

Studies repeatedly demonstrate that one of the best ways to recruit and retain physicians is via local medical schools and residency programs. GME helps fill the gap in underserved areas by providing extremely low-cost care to those most in need. Michigan has been a leader in expanding medical school class sizes to address the projected demand for physician services, it is imperative that we continue to fund GME slots to allow these future physicians to learn here in Michigan, train here in Michigan, and stay here in Michigan.

For more information about MSMS legislative advocacy, please contact:

- Josiah Kissling, Senior Director, State and Federal Government Relations, at jkissling@msms.org
- Scott Kempa, Manager, State and Federal Government Relations, at skempa@msms.org
- Kate Dorsey, Manager, State and Federal Government Relations, at kdorsey@msms.org

Government Relations & Physician Engagement Team

Legislative & Regulatory Platform

MSMS has long-standing positions and policies on numerous topics. Following is an overview of the top issues comprising the MSMS legislative and regulatory advocacy platform.

Insurance and Regulatory Advocacy

- Support mental health and substance use disorder parity
- Ensure appropriate access to and payment for telemedicine
- Advocate for adequate and transparent physician networks
- Reduce unnecessary administrative costs

Public Health and Prevention

- Strengthen public health infrastructure
- Support vaccine availability and oppose efforts to weaken Michigan's vaccine laws
- Improve health equity
- Ensure access to evidence-based non-opioid pain care and opioid use disorder treatment
- Reduce childhood environmental hazards
- Reduce gun violence through health screening, patient counseling and expanded access to mental health services

Professional Liability

- Preserve existing tort reforms
- Support higher negligence thresholds in medical liability cases
- Eliminate the lost opportunity doctrine
- Maintain the legislative intent and enforceability of all medical liability tort reforms

Medicaid

- Seek funding parity with Medicare
- Seek funding sources that are fair and sustainable
- Support state funding for the Healthy Michigan Plan
- Ensure access to physician-directed care

Physician Supply and Training

- Increase graduate medical education funding at state level
- Minimize burden of medical school debt

Insurance Contracting Reform

- Limit retroactive audit timeframes
- Support adequate disclosure of fee screens
- Support appeals process that includes independent reviews

Scope of Practice

- Support physician-led, team-based health care
- Support education over legislation as the means of increasing scope of practice
- Oppose independent prescriptive authority by non-physicians
- Support patient right-to-know/health professional credentials disclosure



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MSMS

CME Opportunities

2022 Live Virtual Conference Schedule

Virtual conferences are intended for physicians and all other health care professionals. Contact Beth Elliott at (517) 336-5789 or belliott@msms.org with questions.

GRAND ROUNDS

April 13, May 11, June 8, September 14, October 5, November 9, and December 14 Noon-12:45pm

PRACTICE MANAGEMENT

April 13, May 11, June 8, September 14, October 5, November 9, and December 14 Noon-12:45pm

MONDAY NIGHT MEDICINE

April 4, May 9, October 3, and November 7 6:30-8pm

SPRING SCIENTIFIC MEETINGS

April 7-8, May 12-13, and June 9-10 8-11am

Contact Brenda Marenich at (517) 336-7580 or bmarenich@msms.org with questions.

ANNUAL SCIENTIFIC MEETING

September 22 and November 17 3-6pm

Contact Brenda Marenich at (517) 336-7580 or bmarenich@msms.org with questions.



IN-PERSON EVENTS

All events are intended for physicians and all other health care professionals. Contact Beth Elliott at (517) 336-5789 or belliott@msms.org with questions.

A Day of Board of Medicine Renewal Requirements

September 23
9am-4pm

Annual Scientific Meeting

October 19-21
8:30am-4:30pm

Contact Brenda Marenich at (517) 336-7580 or bmarenich@msms.org with questions.

A Day of Board of Medicine Renewal Requirements

November 4, 2022
9am-4pm

24th Annual Conference on Bioethics

November 5, 2022
8:45am-4pm



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MSMS Offers On-Demand Webinars

The MSMS Foundation has a library of on-demand webinars available, many of which are free, making it easy for physicians to participate at their convenience to meet their educational needs. Click [here](#) for full course details or to register. Once registered, you will receive an email within 15 minutes with links to watch the on-demand webinar and to complete the survey evaluation. Here are some of the webinars offered:

WEBINARS THAT MEET BOARD OF MEDICINE REQUIREMENTS

- A Day of Board of Medicine Renewal Requirements
- Human Trafficking
- Medical Ethics
 - *Conscientious Objection among Physicians*
 - *Confidentiality: An Ethical Review*
 - *Decision Making Capability*
 - *Research Ethics*
 - *Just Caring: Physicians and Non-Adherent Patients*
 - *Reclaiming the Borders of Medicine: Futility, Non-Beneficial Treatment, and Physician Autonomy*
- Pain and Symptom Management-Naloxone Prescribing
- Pain and Symptom Management, and Balancing Pain Treatment and Legal Responsibilities

GRAND ROUNDS SERIES

- A Review of COVID-19 Variants
- Changes to Michigan's Auto No-Fault for Physicians
- Coronavirus Relief – Overview and Updates
- CURES Act – What is Information Blocking and How Do I Comply?
- Cyber Preparedness & Response for Medical Practices
- Domestic Violence and Sexual Assault (Intimate Partner Violence)
- Federal Information Blocking Rules
- Harm Reduction in Practice and Policy Strategies
- Henry Ford Health System COVID-10 Requirement for Employees
- MI Dept of Health and Human Services Update from New Director Elizabeth Hertel
- Navigating the No Surprises Act
- Recovery Audit Contractor (RAC) Region 1
- Sharing Clinical Notes with Patients: A New Era of Transparency in Medicine
- Update on COVID-19 from Joneigh Khaldun, MD, Chief Medical Executive

MONDAY NIGHT MEDICINE SERIES

- “Then when you know better, do better.” Next Steps in the Journey of Dismantling Systemic Racism Within Health Care and Beyond

- 100% Virtual Collaborative Care for Behavioral Health Outcomes
- AMA Strategic Plan to Advance Health Equity
- Creating a Manageable Cockpit for Clinicians
- Implicit Bias and Racial Disparities
- Practicing Wisely – Save 2 Hours Each Day

OTHER WEBINARS

- 2021 ASM – Updates in Endocrinology
- 2021 ASM – Updates in Otolaryngology
- 2021 ASM – Cardio-Oncology: Enhancing the Cardiac Care of the Cancer Patient
- 2021 ASM – Update in Infectious Disease
- 2021 SSM – Contemporary Management of Nephrolithiasis
- 2021 SSM – Neuroscience: Central Nervous System and Neuromuscular Junction Inflammatory Disorders
- 2021 SSM – Updates in Allergy, Asthma and Immunology
- 2021 SSM – Updates in Dermatology
- CPT/ICD-10 Updates for 2022
- Health Care Providers' Role in Screening and Counseling for Interpersonal and Domestic Violence: Dilemmas and Opportunities
- HEDIS Best Practices
- Integrating Pharmacists into Practice: The Missing Link for Comprehensive Medication Therapy Management
- Legalities and Practicalities of HIT - Cyber Security: Issues and Liability Coverage
- Legalities and Practicalities of HIT - Engaging Patients on Their Own Turf: Using Websites and Social Media
- Medical Marijuana Law
- Medical Decision Making: Understanding What Counts
- Medical Necessity Tips on Documentation to Prove it
- Non-Pharmacologic Management of Musculoskeletal Pain Syndromes
- Section 1557: Anti-Discrimination Obligations
- Sexual Misconduct – Prevention and Reporting
- Update on Chronic Fatigue Syndrome Part 1: Clinical Diagnostic Criteria for Chronic Fatigue Syndrome/CFS now called Myalgic Encephalomyelitis or ME/CFS

Questions? Please contact Beth Elliott at (517) 336-5789 or belliott@msms.org.

In Memoriam

Kent County Medical Society

SANDY K. DETTMANN, MD

Dr. Sandy Dettmann passed away in early 2022. She graduated from Michigan State University College of Human Medicine and trained at Butterworth Hospital and Children's Hospital of Michigan. She practiced as an addiction medicine specialist in the Grand Rapid area and served as president of the Kent County Medical Society in 2020.

KENNETH GRITTER, MD

Dr. Kenneth Gritter passed away on Saturday, December 4, 2021. He graduated from the University of Michigan Medical School, practiced as a radiologist, and served in both the US Navy and US Air Force.

HAROLD H. HOMMERSON, MD

Dr. Harold Hommerson passed away on January 1, 2022. After medical school graduation, Dr. Hommerson was the town doctor of Hamilton, then later he became a pathologist in Grand Rapids.

AUDLEY MAMBY, JR., MD

Dr. Audley "Butch" Mamby, Jr. passed away Monday, November 22, 2021. He graduated from Northwestern University and received his medical degree from the University of Wisconsin. He practiced as an obstetrician and gynecologist throughout West Michigan.

WILLIAM J. PASSINAULT, MD

Dr. William Passinault passed away on December 26, 2021. He graduated from Loyola of Chicago's Medical School and served as a Captain in the US Air Force. He made a career as a general surgeon at St. Mary's Hospital, serving as both Chairman of the Department of Surgery and Chief of Staff from 1989-1993.

WILLIAM J. ROTH, MD

Dr. William ("Bill") Roth passed away on December 11, 2021. He graduated from the University of Michigan Medical School and completed his medical residency at Butterworth Hospital in obstetrics and gynecology. His medical practice served the community of Alma for over thirty years.

DONALD C. SCHEK, MD

Dr. Donald C. Schek passed away on July 5, 2021. After the conclusion of his service in the US Army, he earned his undergraduate degree from Rutgers University and his medical degree from the University of Rochester School of Medicine.

JOSEPH T. VANVLIET, MD

Dr. Joseph T. VanVliet passed away on February 11, 2022. He graduated from the University of Chicago, Pritzker School of Medicine, and worked as an anesthesiologist for nearly 30 years at Butterworth and Blodgett Hospitals of Spectrum Health.

THOMAS A. WEEBER, MD

Dr. Thomas A. Weeber passed away on December 31, 2021. He was a graduate of University of Michigan Medical School. He practiced family medicine in Grandville and later at Pine Rest in Cutlerville, MI.

Kalamazoo Academy of Medicine

JACK HUNT, MD

Dr. Jack Hunt passed away on January 9, 2022. He graduated from the University of Michigan Medical School. After serving in the Navy, he established his private medical practice and was the team physician for Kalamazoo College, Hillsdale College, and Comstock Public Schools.

DONNA LOU (MONROE) RITTER, MD

Dr. Donna Lou Ritter passed away on October 20, 2021. She graduated from the University of Michigan Medical School and completed a rotating internship at Bronson Methodist Hospital in Kalamazoo. She served as the first female president of the Kalamazoo Academy of Medicine in 1992.



Shama Tareen, MD, MBBS

General Psychiatry and
Psychosomatic Medicine
KAM Board President

Kalamazoo Academy of Medicine Physician Honored

KAM Board President Dr. Shama Tareen, Associate Professor in the Department of Psychiatry at the Western Michigan University Homer Stryker M.D. School of Medicine, was recently selected as Regional Governor of Region 6 for the American Medical Women's Association. The Board of Directors of KAM congratulates Dr. Tareen on her recent recognition and thanks her for her leadership with Kalamazoo Academy of Michigan and Michigan State Medical Society. Thank you Dr. Tareen for all of your work in Kalamazoo!

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Adam Wolfe, DO

John Wolfe, DO



Join Us

KCOA MEETINGS OF INTEREST

MARCH 30, 2022

NATIONAL DOCTORS' DAY

APRIL 18-24, 2022

NATIONAL OSTEOPATHIC MEDICINE WEEK

APRIL 30, 2022

2022 MOA HOUSE OF DELEGATES VIRTUAL MEETING

KCOA will host a local virtual watch gathering.

More information coming soon! Visit www.kcoa-mi.org.

MAY 9, 2022

LEGISLATIVE COMMITTEE VIRTUAL MEETING

To register, e-mail kcmsoffice.org.

MAY 19-22, 2022

MOA 123RD ANNUAL SPRING SCIENTIFIC CONVENTION

Westin Southfield | Detroit

To register, visit www.domoa.org/spring.

MAY 21, 2022

CME EVENT

**Grief: Preparing the Pathway to Healing
for the Bereaved and the Professional**

8:30-11:30am | Heritage Life Story Funeral Home

2120 Lake Michigan Drive NW, Grand Rapids, MI 49504

Visit www.kcms.org for more information.

OUR MISSION:

Kent County Osteopathic Association seeks to advocate for the physicians of Kent County, advance the science and practice of osteopathic medicine, and provide an arena of osteopathic physicians to support and educate each other and their community.

Visit us

For event details, check out our website kcoa-mi.org





Adam Wolfe, DO
2022 KCOA President,
Board of Directors

Advocacy Efforts

These days, overwhelm seems to be a word I hear from many colleagues.

Physicians are juggling changing priorities at the office daily; and with COVID-related conditions in their team, their patients and families, there are surprises that add to stress. It can seem a challenge to slow things down, to focus and feel some control in your day, your practice and your career.

One the best ways for physicians to be active and make a difference is to work for improvements with colleagues and participate

in avenues where change initiates. The Michigan Osteopathic Association holds an annual House of Delegates which welcomes physician involvement, input and ideas.

If you have not had the chance to experience how policy is developed, this will be enlightening. All KCOA Members wishing to serve as a Delegate to the MOA must be members of MOA. Please contact the KCOA office at 616-458-4157 if you have any questions.

Clarification of CME for Osteopathic Physicians

Recently, the Michigan Department of Licensing and Regulatory Affairs (LARA) outlined the State of Michigan Requirements for Michigan's Osteopathic Physicians.

If licensed during the full 3-year renewal cycle:

Board-Approved Activities

150 hours of continuing education in activities approved by the board of which:

- A minimum of 60 hours of the required 150 hours must be earned through MI LARA Category 1 programs.
- and–
- A minimum of 40 of the 60 hours must be AOA Category 1-A.

Pain and Symptom Management

A minimum of 3 hours of continuing education earned in the area of pain and symptom management. At least 1 of the 3 hours must include controlled substance prescribing.

Human Trafficking

Recognizing victims of human trafficking (one-time requirement).

Medical Ethics

A minimum of 1 hour of continuing education earned in the area of medical ethics.

IMPLICIT BIAS TRAINING

Beginning June 1, 2022, 1-hour of implicit bias training is available for each year of cycle. To learn more, [click here](#).

ADDITIONAL RESOURCES

Visit www.michigan.gov/healthlicense and select the osteopathic medicine and surgery link.

ON-DEMAND CME

MOA provides on-demand learning to help physicians meet their Michigan licensing requirements. The learn more, [click here](#).

MICHIGAN OSTEOPATHIC ASSOCIATION

123rd Annual Spring Scientific Convention

Registration is now open for the 123rd Annual Spring Scientific Convention to be held May 19-22, 2022 in Southfield, Michigan. Highlights will include:

- **Osteopathic Manipulative Medicine**
- **COVID-19 Update**
- **Cardiology**
- **Physician & Patient Protection Series**
- **Lifestyle & Functional Medicine**
- **Infectious Disease**
- **Oral Health**
- **Scientific Research Presentations**
- **Michigan & Florida Re-Licensure Requirements**
- **Business of Medicine**

To register or for more information, call (517) 347-1555 or visit www.domoa.org/spring-scientific-convention. MOA members can login to receive their MOA Member Discount.

COVID-19 PROTOCOLS

The MOA prioritizes the health and safety of our members, exhibitors and staff and is committed to following federal, state, or local rules regarding indoor gatherings as they exist at the time of the event. Conference attendees are encouraged to be fully vaccinated or have a negative COVID test within 72 hours of the start of the event. At this point, the MOA is proceeding with mask requirements for all participants. All protocols are subject to change based on the situation in May.

For those who are not planning on attending the in-person meeting the MOA will offer the same sessions on our Learning Center platform as an alternative to meeting in Southfield.

The patience of our members is appreciated.

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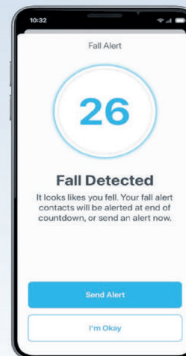
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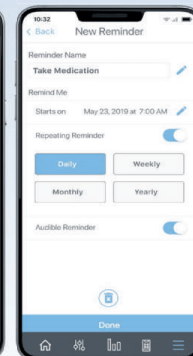


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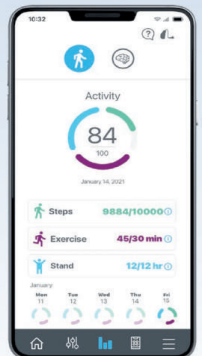
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FALL ALERT



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KENT MEDICAL FOUNDATION



Brian Janssen
2022 Kent Medical
Foundation, Board Chair

Showing You Care

In early January, I had the opportunity to present to the Kent County Medical Society Members at their 2022 Annual Meeting. Since 1961, KCMS Members and their families have led the community effort to support the Kent Medical Foundation.

In early January, I had the opportunity to present to the Kent County Medical Society Members at their 2022 Annual Meeting. Since 1961, KCMS Members and their families have led the community effort to support the Kent Medical Foundation.

Physicians gave their professional skill and personal compassion to patients and families in the pandemic, but we also know they have given generously to the KMF, for which, the KMF is very grateful.

Even though West Michigan was still feeling the pains of COVID-19, we were pleased that we had donations of almost \$12,000 with our annual Holiday Card campaign program. The donors to the 2021 campaign are below which helped to build KMF assets to over \$400,000.

The KMF Board was fortunate to be able to keep administrative fees low while contributing to local non-profits, which has been profiled in the 2021 Bulletin magazines. The Board looks forward to working together in 2022 and presenting updates in the near future.

IN CASE YOU'RE CURIOUS

Recognizing year-end donations leads to improve taxes. We are sharing the link below. Thank you again for your generosity!

[Topic No. 506 Charitable Contributions Internal Revenue Service \(irs.gov\)](#)

KMF

Thank You Holiday Card Donors

The Kent Medical Foundation Board of Trustees would like to thank you for your continued support! Your contributions to the annual Holiday Card campaign allow us to provide meaningful gifts to our community throughout the year.

Anonymous

Dr. Mary Appelt
Jeff & Anita Avery
Dr. John & Carol Beernink
Brad & Irene Betz
William Beute, MD
Dennis & Jennifer Bruce
Nancy & Paul Clodfelder
Dr. Stephen & Mary Cohle
Leonard & Marge Coiner
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Drs. Suresh & Sarla Puri
Sally & Larry Robson
Brian & Sandy Roelof

Dr. Jack & Lija Romence

Enrico & Esther Sobong
Dr. Herman & Roz Sullivan
Amy Tzintzún
Wayne & Shelley VanderKolk
Drs. Doug & Amy VanderWoude
Robert & Susan VanTuinen
Michael Votruba
Rik & Kitty Vydareny
Janet & Jim Watkins, MD
Jerry & Kathy Wittingen
Richard Wood, MD



heartbeat



MESSAGE FROM THE CO-PRESIDENTS

Slowly but surely things appear to be coming back to normal, then, bam, everything goes crazy again. The KCMS Alliance is struggling with staying connected with one another during the pandemic. Not only are we concerned about our spouses, hospital

capacity, vaccinations, and community services, but we've not been able to gather in-person since our Lab Coats & Libations event last November. Our annual Holiday Open House was canceled due to the COVID-19 spike, but that didn't dampen the Alliance spirit. Drive-by donations of peanut butter and craft

items were still received for Feeding America and Roanoke Ranch.

Looking ahead we are planning on holding a membership meeting—one way or another—this spring! Check our calendar regularly at www.kcmsalliance.org/get-involved/calendar to stay current on our upcoming events as things sometimes change. Flexibility has become the norm these days for all of us.

To brighter days ahead,

Suhair Muallem and Nancy Fody,
KCMSA Co-Presidents

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YOUTUBE
www.kcmsalliance.org

spring calendar

03 | 15
Noon

Book Club:
'The Plot' by
Jean Hanff Korelitz

03 | 17

FUNdraiser at Leigh's
1942 Breton Road SE
Get outfitted at Leigh's for your upcoming spring break vacations, and 10% of the proceeds will benefit our Foundation. Mention the Alliance at check out, or shop during the hours of 2-5pm and enjoy sips and bites while you browse their collections.

Foundation Spotlight

During our last grant cycle, our board awarded \$3,000 to Kids' Food Basket for their Health Children Healthy Futures Project. Kids' Food Basket and The Kent County Medical Society Alliance Foundation share the common goal of supporting and promoting the health and well-being of residents, communities and households within Kent County and the greater Grand Rapids area. By utilizing our own county-wide food survey results in conjunction with the Kent County Community Health Needs Assessment, and the Kent County Health Improvement Plan to inform our decisions, together we are better able to respond to the top health concerns, particularly obesity and poor nutrition.

FOR CONSIDERATION IN OUR NEXT GRANT CYCLE, PROPOSALS ARE DUE APRIL 15, 2022.
Apply online at <http://www.kcmsalliance.org/what-we-do/philanthropy/foundation/mini-grants/>.

Event Recap winter 2021

December

Peanut Butter Collection

for Feeding America in December

This was the third holiday peanut butter collection the Alliance has held in collaboration with Feeding America West Michigan. Collection sites were in East Grand Rapids and Ada, as well as several member's homes.

FUNdraiser

Dine at Olive's Restaurant

Due to the generosity of diners, Olive's donated 20% of proceeds to our Foundation.

Holidays with the Alliance

Due to increasing COVID cases in the area, we decided to cancel our gathering, but members still had an impact on the community by donating to local organizations. A special collection of items for Roanoke Ranch was created. Roanoke Ranch is a faith-based, non-profit organization in Lowell. Their mission is to help at-risk youth gain confidence and self-esteem through working with horses.

February

Book Club

Members discussed 'Miss Benson's Beetle' by Rachel Joyce via Zoom.

MSMSA Visit to the Capitol

Members from across the state toured the capitol and met with legislators to learn about and advocate on issues that impact physician families and medicine.





Nirali Bora, MD
Kent County
Health Department
Medical Director

Kent County COVID-19 Mortality in the Vaccine Era

Brian Hartl, MPH, and Nirali Bora, MD

As of February 8, 2022, the COVID-19 surge from the emergence of the Omicron variant was on a downward swing in Kent County. The average daily number of reported cases had declined to 398 from a peak of 1,264 on January 25 and the 7-day average positivity registered at 25.7%. While the number of patients hospitalized with COVID-19 (257) was at its lowest level since mid-November, an average of three people infected with COVID-19 were unfortunately still dying each day.

Since the COVID-19 vaccine became widely available in January 2021, 70% of the Kent County population 5 years of age and older had received at least one dose of vaccine while 65% were fully vaccinated as of February 8, 2022. With the number of COVID cases nearly doubling since the vaccine became available to the Kent County community, this article investigates the impact the vaccine has had on local COVID-19 mortality through an analysis of the vaccine status of COVID-19 positive patients who have died.

Methods

The COVID-19 deaths included in this analysis were obtained from the Michigan Disease Surveillance System (MDSS). COVID-19 deaths from March 2020 through January 31, 2022 were included in the analysis. Vaccine status of the COVID-positive patients was ascertained through the Michigan Care Improvement Registry (MCIR). Data from MCIR is incorporated into the MDSS case report, but in instances where these data weren't available, a manual search of the MCIR database was performed to assess the vaccination status of the patient. Based upon the information available in MCIR, vaccine status was categorized as "Yes," "No" or "Unknown" (if

a patient was not listed in MCIR) and the number of doses received by the patient was documented. Analysis of case fatality rate used total number of cases in the community as the denominator, as vaccine status is not available for every case in MDSS. Case fatality rate by year, case fatality rate by race/ethnicity and average age at death by vaccination status were calculated as measures to determine the impact of vaccination on COVID-19 mortality in Kent County. Results are only reported for patients whose vaccination status was known.

Results

With COVID variants causing surges in the spring (Alpha), fall (Delta) and winter (Omicron) of 2021/2022, the total number of COVID-19 cases was nearly double that of 2020. Between January 1, 2021 and January 31, 2022, 75,592 confirmed cases of COVID-19 infection were reported in Kent County compared to 41,439 in 2020. Case fatality rates from 2020 indicate the impact of the novel COVID-19 virus on a naïve, unvaccinated population and the disparities that resulted among racial and ethnic populations (Table 1). The disparity was particularly severe among the Kent County Black population, where over 20 deaths occurred for every 1,000 COVID cases in 2020.

TABLE 1**COVID-19 Cases, Deaths, and Case Fatality Rate by Race/Ethnicity and Year**

	2020			January 1, 2021 through January 31, 2022		
	Cases	Deaths	Case Fatality Rate	Cases	Deaths	Case Fatality Rate
White	25,324	449	17.7	67,240	486	7.2
Black	3,786	78	20.6	11,917	91	7.6
Hispanic	6,693	58	8.7	10,971	55	5.0

Case fatality rate is per 1,000 cases in the population.

While the reduction in case fatality rate after January 1, 2021 can't be entirely attributed to the availability of the vaccine without further analysis, the vaccine likely prevented severe cases and deaths in 2021, particularly during the very severe wave caused by the Delta variant.

The COVID-19 vaccine has reduced deaths and years of potential life lost among Kent County's largest racial and ethnic populations (Tables 2 and 3). Among Blacks, the 2021/2022 case fatality rate among the unvaccinated (5 per 1,000) is 2.5 times the rate in those who have received at least one vaccine (2 per 1,000). Additionally, the average age at death among those receiving at least one dose of vaccine is 5 years older than those who were unvaccinated. The impact is even greater in the Hispanic population, where the case fatality rate in the unvaccinated is 3.5 times that in those receiving at least one dose and there is a difference of nearly 17 years in the average age at death between the unvaccinated and those receiving at least one dose.

Discussion

This analysis provides additional evidence of the benefits of vaccination in preventing death from COVID-19 at the local level. Data from local hospitals has shown that 7 out of every 10 patients who have been hospitalized, in intensive care or on a ventilator have been unvaccinated. While vaccines aren't 100% effective at preventing death, the risk of dying from COVID-19 is significantly reduced in those who have been vaccinated and, in most populations, those who are vaccinated die at an advanced age compared to those who are unvaccinated. As the Omicron wave recedes and the future of the COVID-19 pandemic remains unpredictable, we encourage physicians to continue to promote vaccination as the best means of protection. Encouraging those who are vaccinated to get a booster dose is critically important, especially among the most vulnerable populations. In this

TABLE 2**Case Fatality Rate**

By race/ethnicity and vaccination status for deaths occurring between January 1, 2021 and January 31, 2022

	VACCINATED*	UNVACCINATED
White	2.3	4.5
Black	2.0	5.0
Hispanic	1.0	3.6

*At least one dose.

Case fatality rate is per 1,000 cases in the population.

TABLE 3**Average Age at Death**

By race/ethnicity and vaccination status for deaths occurring between January 1, 2021 and January 31, 2022

	VACCINATED*	UNVACCINATED
White	78.2	71.8
Black	69.7	64.6
Hispanic	80	63.4
Total Population	77	69.6

*At least one dose.

analysis, of 117 deaths occurring in patients with 2 doses of vaccine, 78 (66%) occurred at a time when these individuals were eligible for a booster dose but had not yet received it. While it is impossible to say what impact the booster would have had on the outcomes of these patients, the results of this analysis prove the potential of the COVID-19 vaccine to reduce the risk of death and extend life.



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Advancing Diversity, Equity, and Inclusion in Health Science Careers

MSU College of Human Medicine just released its student enrollment and graduation report for students from groups that are Under-Represented in Medicine (URiM), and we continue to be a leader among non-HBCU (historically black college or university) medical schools for graduating physicians from backgrounds underrepresented in medicine.

Based on an average of the last three years of graduation (2019-2021), 21% of MSU College of Human Medicine's graduates are from URiM backgrounds (this number does not include Asian American students).

In my last KCMS entry, I introduced Dr. Lisa Lowery as the college's assistant dean for diversity and cultural initiatives and section chief of adolescent and young adult medicine at Spectrum Health Helen DeVos Children's Hospital. Each month her office hosts Diversity, Equity and Inclusion Grand Rounds (second Tuesday of each month, 6-7pm) and for Black History Month, Dr. Jabbar Bennett, MSU vice president and chief diversity officer, spoke on advancing DEI in academic medicine. In addition, Dr. Wanda Lipscomb, senior associate dean for diversity and inclusion, also recently spoke with WOOD-TV8 about diversity in medical education.

Dr. Lowery also involves our medical students in a program that introduces West Michigan teens from underrepresented and minority populations to

health science careers. FOX17 VIDEO Collaborators for the West Michigan Health Careers Pipeline Program (WM HCPP) are Spectrum Health, MSU College of Human Medicine, Western Michigan University College of Health and Human Services and Grand Valley State University.

The West Michigan Health Careers Pipeline Program pairs 50 West Michigan high school students with 50 undergraduate mentors from WMU and GVSU. College of Human Medicine students work on curriculum development and are providing mentoring and shadowing experiences for the high school students.

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As we look ahead, our fourth-year students are anxiously awaiting Match Day, March 18. Our Grand Rapids campus students will be together at the Secchia Center to open their envelopes with their family and friends. As always, it will be a very exciting day.

As a closing, please stay safe and well.