# **READING AND RESOURCES**

### Jacqueline Battalora

• Birth of a White Nation: The Invention of White People and Its Relevance Today

#### Ira Berlin

• Many Thousands Gone: The First Two Centuries of Slavery in North America

### **Austin Channing Brown**

- I'm Still Here: Black Dignity in a World Made for Whiteness
- The Next Question: A Web Series Imagining How Expansive Racial Justice Can Be

#### Ya-Nehisi Coates

- Between the World and Me
- We Were Eight Years in Power
- Beautiful Struggle: A Father, Two Sons, and an Unlikely Road to Manhood

#### James H. Cone

The Cross and the Lynching Tree

# Robin DiAngelo

- White Fragility: Why It's So Hard for White People to Talk About Racism
- What Does It Mean To Be White? Developing White Racial Literacy
- Is Everyone Really Equal? An Introduction to Key Concepts in Critical Social Justice Education

## Frederick Douglass

- Narrative of the Life of Frederick Douglass: An American Slave
- My Bondage and My Freedom

## Olaudah Equiano

 The Interesting Narrative of the Life of Olauduh Equino or Gustavus Vassa, The African, Written by Himself

## John Hope Franklin and Alfred A. Moss, Jr.

• From Slavery to Freedom: A history of African Americans

## Eugene Genovese

• Roll Jordan, Roll: The World the Slaves Made

#### Vincent Harding

• There is a River: The Black Struggle for Freedom in America (Vincent Harding was Dr. Martin Luther King's speech writer who helped compose the famous Riverside sermon on the Vietnam war.)

#### Josiah Henson

The Life of Josiah Henson: An Inspiration for Harriet Beecher Stowe's Uncle Tom

## Nathan Irvin Huggins

- Black Odyssey
- Harlem Renaissance

## Zora Neal Hurston

• Barracoon: The Story of the Last Black Cargo

#### **Harriet Jacobs**

• Incidents in the Life of a Slave Girl

#### Ibram X. Kendi Books

- How to be an Antiracist
- Stamped from the Beginning
- Stamped: Racism, Antiracism, and You: A Remix of the National Book Award-winning Stamped from the Beginning
- Antiracist Baby
- The Black Campus Movement: Black Students and the Racial Reconstitution of Higher Education, 1965-1972

## Solomon Northup

• Twelve Years a Slave

# Ijeoma Oluo

So You Want to Talk About Race

# Bryan Stevenson

- Just Mercy: A Story of Justice and Redemption
- Just Mercy (Adapted for Young Adults): A True Story of the Fight for Justice

# Damon Tweedy, MD

• Black Man in a White Coat: A Doctor's Reflections on Race and Medicine

## Booker T. Washington

• Up From Slavery: An Autobiography

#### Eric Williams

Capitalism and Slavery

# **West Michigan Resources**

Grand Rapids African American Health Institute 500 Lafayette Avenue, NE Grand Rapids, MI 49502 616-331-5831 GRAAHI.org

W. K. Kellogg Foundation 99 Monroe Ave. NW, Suite 903 Grand Rapids, MI 49503 www.wkkf.org; healourcommunities.org

**Truth, Racial Healing & Transformation (TRHT)** is a comprehensive, national and community-based process to plan for and bring about transformational and sustainable change, and to address the historic and contemporary effects of racism.

The effects of racism are evident in the social, economic and government policies all around us and the places in which we live, learn, work and play. People experience these effects when they take their children to school, when they apply for jobs, when they try to rent or buy a home, when they shop, when they interact with the police and more.

TRHT seeks to unearth and jettison the deeply held, and often unconscious, beliefs created by racism – the main one being the belief in a "hierarchy of human value."

This absurd belief, which has fueled racism and conscious and unconscious bias throughout American culture, is the perception of inferiority or superiority based on race, physical characteristics or place of origin. It is when we value one person more than another based on skin color or other physical, superficial characteristics and let those values affect the decisions we make each day in areas like policymaking, in job decisions, in how we teach children – to name a few.